



Sports Acceleration Participant,

Thank you for choosing the Cedar Valley's premier Sports Acceleration Program for your sports performance enhancement! Enclosed are the forms that you will need to fill out in order to participate in the Sports Acceleration Program. The following is a checklist:

- Participant Registration Form
- XL Participant Policies and Procedures
- XL Talent Release Form
- Current copy of your school physical form

You may register online, bring the forms to your first session, fax them to (319)553-2329, or send to:

XL Sports Acceleration Program
433 Viking Rd.
Cedar Falls, IA 50613

As soon as you are registered you will be able to schedule your first training session within 24hrs. To schedule your training you will visit the Mindbody Portal from our website. Once you have chosen a Username and Password you will be able to schedule and cancel you training at your convenience. *Training must be schedules 24hrs in advance.*

If you have any further questions, please call (319)553-2329. We look forward to working with you and helping you excel.

Sincerely,
XL Sports Acceleration Team